<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast Menu</th>
<th>Lunch Menu</th>
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</table>
| **DAY (1) BREAKFAST** | Cini Minis (2.29 oz)  
Canned Apple Slices (1/2 cup)  
100% Fruit Juice (4 oz)  
1% Milk (8 oz) | **DAY (2) LUNCH**  
Hot Dog – Bun  
Vegetarian Beans (1/2 cup)  
Marinated Corn Salad (1/2 cup)  
Frozen Fruit Sidekick (4.4 oz)  
1% Milk (8 oz)  
mustard, ketchup  
**DAY (2) LUNCH**  
Turkey & Cheese on Croissant  
Carrot & Celery Sticks (3/4 cup)  
Flavored Applesauce (4 oz)  
1% Milk (8 oz)  
mustard, mayonnaise, ranch dip |
| **DAY (2) BREAKFAST** | Breakfast Muffin (4 oz)  
Diced Chilled Pears (1/2 cup)  
Boxed Raisins (1.5 oz)  
1% Milk (8 oz) | **DAY (3) LUNCH**  
Cheesy Bread Sticks (2)  
Broccoli Cuts (1/2 cup)  
Diced Tomatoes (1/4 cup)  
Diced Peaches (1/2 cup)  
1% Milk (8 oz) |
| **DAY (3) BREAKFAST** | Cereal (1 oz) & Pop Tart (1.75 oz)  
Pineapple Tidbits (1/2 cup)  
100% Fruit Juice (4 oz)  
1% Milk (8 oz) | **DAY (4) LUNCH**  
Ham & Cheese on Bun  
Lettuce / Tomato / Pickle = (1/4 cup)  
Potato Wedges (1/2 cup)  
Whole Red Delicious Apple = (1 cup)  
Cookie Treat (1.5 oz)  
1% Milk (8 oz)  
mustard, mayonnaise, ketchup |
| **DAY (4) BREAKFAST** | Toaster Fruit Strudel (2.29 oz)  
Blended Fruit Mix (1/2 cup)  
100% Fruit Juice (4 oz)  
1% Milk (8 oz) | **DAY (5) LUNCH**  
Hamburger & Bun  
Marinated Coleslaw (1/2 cup)  
Potato Emoji Smiles (1/2 cup)  
Whole Juicy Orange = (1/2 cup)  
1% Milk (8 oz)  
mustard, mayonnaise, ketchup |
| **DAY (5) BREAKFAST** | Biscuit (2 oz) and Jelly  
Flavored Applesauce (4 oz)  
Boxed Raisins (1.5 oz)  
1% Milk (8 oz) | **DAY (6) LUNCH**  
Turkey & Cheese Sandwich – Doritos (1 oz)  
2 Pickle Spears (1/2 cup)  
Tomato Salsa (1/2 cup)  
Chilled Fruit (1/2 cup)  
100% Fruit Juice (4 oz)  
1% Milk (8 oz)  
mustard, mayonnaise |
| **DAY (6) BREAKFAST** | Crunchmania Cinnamon Bun (1.76 oz)  
Diced Pears (1/2 cup)  
100% Fruit Juice  
1% Milk (8 oz) | **DAY (7) LUNCH**  
Cinnamon Roll (2.7 oz)  
Pineapple Tidbits (1/2 cup)  
100% Fruit Juice (4 oz)  
1% Milk (8 oz) |
| **DAY (7) BREAKFAST** | Cinnamon Roll (2.7 oz)  
Pineapple Tidbits (1/2 cup)  
100% Fruit Juice (4 oz)  
1% Milk (8 oz) | **DAY (7) LUNCH**  
Pizza Slice (5 oz)  
Canned Green Beans (1/2 cup)  
Canned Carrot Slices (1/2 cup)  
Cafeteria Choice Fruit Serving (1/2 cup)  
100% Fruit Juice (4 oz)  
1% Milk (8 oz) |