

Pre-K Scholars Work Packets

Pre-K Parents and Guardians,

Thank you for working with us in this time of the UNKNOWN. We truly appreciate all of your hard work with your children, and we hope to see each scholar back in our classrooms very soon!

If you have any questions, please feel free to reach out to your scholar's teacher by call, text or email!

Ms. Shelley: 901-493-8392
Ms. Jeanna: 865-804-5059
Mrs. Ashley: 731-733-9326

jkdavis@jmcass.org
sdsims@jmcass.org
mamartin@jmcass.org

You may also call the school at 731-988-3800 between the hours of 9-11 am, Monday through Friday. You may also call Ms Braswell with any questions at 731-426-4699.

Please let our scholars know that we miss them very much!!

Lincoln Elementary School Pre-K Team
Ms. Shelley & Ms. Keyia; Ms. Jeanna & Ms. Paula;
Mrs. Ashley & Ms. Shontee



Pre-K

Reading
Work

Printing the Letter A

Kindergarten Letters & Alphabet Worksheet

A

Trace the letters with a pencil. Then practice writing the letters on the lines.

A A

A A

a

a a

a a

Printing the Letter B

Kindergarten Letters & Alphabet Worksheet

B

Trace the letters with a pencil. Then practice writing the letters on the lines.

B B

B B

b

b b

b b

Tracing the Letter C

Kindergarten Letters & Alphabet Worksheet

C

Trace the letters with a pencil

C C C C C C C C C

C C C C C C C C C

C

C C C C C C C C C

C C C C C C C C C

Printing the Letter D

Kindergarten Letters & Alphabet Worksheet

D

Trace the letters with a pencil. Then practice writing the letters on the lines.

D D

D D

d

d d

d d

Printing the Letter E

Kindergarten Letters & Alphabet Worksheet

E

Trace the letters with a pencil. Then practice writing the letters on the lines.

E E

E E

e

e e

e e

Matching Upper and Lower Case Letters

Kindergarten Alphabet Worksheet

Circle the matching lower case letter to the upper case letter in each row.

A	w e a
---	-------

B	d b t
---	-------

C	c s u
---	-------

D	p r d
---	-------

Matching Upper and Lower Case Letters

Kindergarten Alphabet Worksheet

Circle the matching lower case letter to the upper case letter in each row.

E	g e c
---	-------

F	t k f
---	-------

G	q g s
---	-------

H	h m n
---	-------

Matching Upper and Lower Case Letters

Kindergarten Alphabet Worksheet

Circle the matching lower case letter to the upper case letter in each row.

I	t	i	c
---	---	---	---


J	g	k	j
---	---	---	---

K	k	g	h
---	---	---	---

L	a	l	i
---	---	---	---

READING CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

read a book with a flashlight	read a book you love	read a book under a blanket	read a book with a silly voice	read a book about zoo animals
read a rhyming book	read a fiction book.	read a book about bugs	read a book to your stuffed animals	read a short book
read a book on the couch	read a book outside		read a counting book	read a book about vehicles
build a fort then read inside the fort	read a book about a farm	read a book with your family	read a non-fiction book	read a book by your favorite author
read a book with a quiet voice	read an ABC book	read a book with superheroes in it	read a fairy tale	read a book in your room

QUESTIONS TO ASK:

Before reading: What do you think this book is about? How do you know?

During reading:

- Who are the characters? Who is the main character?
- What is the setting?
- What do you predict will happen next?
- What are the events in the story? What happened first, next, and at the end?
- How would you feel if you were the character?

After reading: What was your favorite part of the book?

- Were your predictions correct?

BUILDING LETTERS & WORDS CHOICE BOARD



SET UP IDEAS! WRITE THE LETTER, NAME, OR WORD ON

- plain white paper (place in a page protector to use over and over)
- colored paper
- long paper (comes on a roll, tape it to the floor or wall)
- flash cards

Rainbow Marker Write! Trace each letter with every color in the rainbow.	Tiny Treasures! Find a small item to build the letter/word with (ex: gems, buttons, paperclips).	Tear Paper! Tear up paper into small pieces and glue it to make the letter/word.	Chalk! Go outside or use black paper. Write letters/words with chalk.	
Magnet Letters! Match the letter or build the name with the magnet letters.	Play Dough! Make the name with play dough (roll snakes or pinch small pieces).	Sticker It! Use small dot stickers or any small stickers to make the letter/word.	Q-tip Paint! Use Q-tips and paint to write or dot letters or words.	Shaving Cream! In the tub or on a tray, write the letter/word in shaving cream.
Pens! Write letters or words with pens. Try to fill up the whole page. Write different letters/words or all the same.	Cut Straws! Cut up a few straws then use their pieces to make the letters/words.	Block Letters! Put letters or write letters on blocks. Build words or put the letters in order.	Salt Tray! Put salt in the bottom of a tray or plate. Make the letter/word in the salt with their fingers.	Rainbow Crayon Write! Trace with every color in the rainbow.
Magazine Collage! Cut out letters from store ads or magazines. Match the letters or build a word with the letter.	Car Writing! Write the letters/words with tape on the floor or on a big piece of paper. Drive the car on the letters/words.	Stamp It! Use letter stamps or magnet letters as stamps to stamp matching letters or build words in paint or kinetic sand.	Puzzle It! Write the letters (ex: Aa) or word on a small piece of paper then cut up in pieces. Then put the puzzle together.	Mystery Write! Write the letters or names with a white crayon. Then paint over it with watercolor to make it appear.

FUN WRITING ACTIVITIES

Family List! Make a list of everyone in your family with words and pictures.	Make a Card! Make a card for someone special using pictures and words.	Make a Book! Staple pieces of paper to make a book. Then use pictures and words to make the book.	Shopping List! Make a shopping list with pictures and words.	Make an ABC Book! Staple pages together to make a book. Then write the alphabet to make the book.
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Pre-K

Math
Work

Printing the number 1 (one)

Kindergarten Numbers & Counting Worksheet

Practice printing the number 1 and the word "one".

1 1 1

one one one

1

one

1



One apple

one

Printing the number 2 (two)

Kindergarten Numbers & Counting Worksheet

Practice printing the number 2 and the word "two".

2 2 2

two two two

2

two

2



Two apples

two

Printing the number 3 (three)

Kindergarten Numbers & Counting Worksheet

Practice printing the number 3 and the word "three".

3 3 3

three three

3

three

3  three

Three apples

Printing the number 4 (four)

Kindergarten Numbers & Counting Worksheet

Practice printing the number 4 and the word "four".

4 4 4

four four four

4

four

4

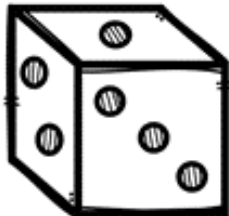


Four apples

four

MATH CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

Play Hi Low (aka war).	Sort toys or jewelry by color and size (ex: cars, bracelets, bows).	Make shapes with popsicle sticks, pipe cleaners, or stick pretzels.	Put a puzzle together with your family.	Make patterns with toys or jewelry (ex: cars, bracelets, bows).
Play roll and build. Roll a dice and count out the same number of blocks. Add the blocks to the tower.	Write numbers on post-its and put them in order to create a number line.	Make a counting book. Staple pages together to make a book. Write a number at the bottom of each page.	Sort the laundry. Match the socks.	Line up your stuffed animals from tallest to shortest.
Sort coins by kind and color. Which pile has the most/least?	Play a board game.		Bake a yummy treat. Use the recipe to measure the ingredients.	Play Go Fish.
Make patterns with beads, pom poms, or blocks.	Rainbow Number Write. Trace with every color in the rainbow.	Go on a shape walk either inside or outside. Find a shape, say what shape it is, and describe the shape.	Shaving cream write and draw. Draw numbers and shapes in shaving cream.	Count how many forks and spoons you have. Which pile has the most/least?
Snowball counting toss. Cut paper into fourths and write a number on each one, and crumble it up. Grab a snowball, say the number, crumble it up, and toss it again.	Make a number line. Write numbers in a long line. Match the dominos or count out objects to match each number.	Shape tap. Someone calls out a shape then walk around the room and tap all the things that are that shape.	Measure how tall each person in your family is with blocks or cans.	Find small treasures (buttons, gems, pom poms, pennies). Count each collection. Which has the most? Which has the least?



Pre-K

Other
Activities

ART & SENSORY CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

Blowing Paint Water down some paint in cups. Drip the paint on the paper and blow it with a straw.	Noodle Sensory Bin Place dry noodles in a sensory bin. Add measuring cups, tongs, and bowls to the tub.	Cereal Necklace Make a necklace with cereal then eat it as a snack.	Cutting Bin Make a cutting bin. Place strips of paper and ribbon in the bin and let them cut it up into tiny pieces.	Cutting Collage Make a collage with the tiny pieces from the cutting bin.
Play Dough Cookies Make pretend cookies with play dough. Put out a rolling pin, cookie cutters, and scissors.	Finger-Paint Place the paper on a tray or in a tub to contain the mess.	Make Oobleck Mix together one-part water and two-parts corn starch.	Block Zoo Build a zoo with blocks for your animals.	Car or Doll Wash Place water and soap in a plastic tub or bathtub. Add soap, sponges, and toothbrushes.
Homemade Watercolors Place a marker in a cup of water. Paint with the watercolors.	Giant Self-Portrait Get a big piece of paper or tape smaller papers together. Trace the child on the paper and color.		Bead or Straw Towers Place spaghetti noodles or skewers in play dough. Place the beads or cut up straws on the noodles.	Foil Art Paint or draw with sharpies on foil.
Frozen Paint Put paint in a ice cube tray with a stick in each cube. Once it's frozen, get it out and paint with it on paper.	Sensory Bin Make bean or cereal sensory bin. Place dry beans or cereal in a tub with vehicles or animals. Add bowls and tongs.	Monster Sculptures Make monster sculptures with play dough. Add eyes, arms, and legs.	Sensory Bottle Fill a plastic bottle half way with water and add a few drops of red food coloring. Fill to the top with vegetable oil. Tape the lid on.	Mask Paper Plate Cut holes for the eyes and mouth. Decorate with paint, markers, stickers, or paper.
Sensory Bag Put paint or hair gel in the bag with food coloring. Add glitter (optional). Zip it close. Tape it closed.	Paint with Kitchen Tools Paint with forks, mashers, whisk, spatulas, or other fun tool you have.	Shaving Cream Art Draw in shaving cream or whip cream. Place it in a plastic tub, tray, or do it in the bathtub.	Bracelets String beads or cut up straws on pipe cleaners or string.	Block City Build a city with blocks. Make houses, stores, and other places you like to visit.

AT HOME LEARNING USING TECH

APPS

Starfall

Learn about letters and sounds.



LetterSchool

Practice writing letters and numbers.



ABCYA

Math, STEM, and literacy games.



Go Noodle

Dance-alongs, yoga, and more. Also on YouTube.



Vooks

Brings books to life with no ads.

(Free for 1 month)

www.vooks.com/parent-resources



WEBSITES & YOUTUBE

Fluency & Fitness

Access to 60+ reading and math topics, plus a video library that incorporates learning & movement.

(Free for 21 days)

<https://fluencyandfitness.com/register/school-closures/>

Brain Pop Jr.

Educational website with videos and activities about science, social studies, literacy, arts, and music.

(Free for 30 days)

<https://jr.brainpop.com/>

Scholastic

Every day includes four separate learning experiences, each built around a thrilling, meaningful story or video (20 days included).

<https://classroommagazines.scholastic.com/support/learnathome.html>

Raz-Kids

Mini readers at various levels and offers Spanish and French too.

(Free for 30 days)

<https://www.raz-kids.com/>

PBS Kids

Songs, activities, and videos that teach.

<https://pbskids.org/>

Cosmic Yoga

Yoga for kids.

<https://www.cosmickids.com/>

YOUTUBE

Harry Kindergarten

Fun songs that teach and help develop self-regulation.

Jack Hartman

Fun songs that teach.

Learning Station

Fun songs that teach.

Super Simple Songs

Classic children's songs.

Dr. Jean

Fun songs that teach.


Mr. B

Letter and counting songs.



MOVEMENT CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, AND COLOR THE SQUARE!

Tape or chalk maze! Make a maze on the floor with tape (inside) or chalk (outside) by making lines (ex: straight, zig zag).	Play hockey. Cut a pool noodle in half for the stick and use a laundry basket for a goal.	Do ocean animal walks around. Crawl like a crab, giggle like a jellyfish, swim like a fish. Move slow or fast.	Have a race. Run a race with someone special. Mark the starting and stopping points.	Have a spoon race. Place a cotton ball on a spoon and walk around the house balancing it on the spoon. Don't let it drop.
Ice skate with paper plates. Put a paper plate under each foot. Slide around and ice skate around the house.	Puddle jumps. Place blue paper on the ground. Jump over the puddles.	Set up an obstacle course. Jump over stuffed animals, go through a chair, or go around pots.	Have a parade. March around the house playing instruments. Use pots for drums.	Have a clean up race. Play some music and see how many songs it takes you to clean up.
Build a fort with pillows and blankets.	Letter musical chairs. Write letters on sticky notes and place on a chair. Play the music and when it stops say the letter you sit on.		Grab a deck of cards. Flip a card and move that many times. You can hop, stretch, jump, spin, stomp, skip.	Do yoga. Try moves like downward dog, star, and pyramid.
Put on a fashion show. Dress up in fun outfits, play music, and dance down the runway. Put towels on the floor for a runway.	Move like transportation. Fly like a plane, chug like a train, race like a racecar. Move fast or slow.	Have a feather or cotton ball race. Lay on your belly and blow the feather or cotton ball across the floor.	Draw a hopscotch on the ground with chalk or tape. Play hopscotch.	Ride your bike, scooter, or skateboard.
Have a dance party. Play your favorite music and dance to the beat.	Play soccer. Use a laundry basket as a goal. If inside use a beach ball instead of a soccer ball.	Go on a walk with someone special.	Do pet animal walks. Slither like a snake, hop like a bunny, gallop like a horse, pounce like a cat. Move fast or slow.	Play Red Light Green Light.



Pre-K

Other
Resources

V. Resource List

Below are several resources for parents and others who care for young children to facilitate ongoing learning during the closure period.

COVID-19 Resources for Children and Families

- National Child Traumatic Stress Network:
https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf
- NPR—Just for kids: A comic exploring the new coronavirus:
<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>
- National Association of School Psychologists: Talking to children about COVID-19 (available in multiple languages): [https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)

Standards and Development

- National Association for the Education of Young Children: <https://www.naeyc.org/>
- Birth to 48 months: https://www.tn.gov/content/dam/tn/education/standards/tnelds/std_tnelds_birth-4yo.pdf
- 4 year olds: https://www.tn.gov/content/dam/tn/education/standards/tnelds/std_tnelds_4yo_2018.pdf

School-administered Child Care Rules

<https://publications.tnsosfiles.com/rules/0520/0520-12/0520-12-01.20180801.pdf>

More Learning Resources

- Ducksters (social studies): <https://www.ducksters.com/>
- Science Buddies: <https://www.sciencebuddies.org/stem-activities>
- Scholastic: <https://www.scholastic.com/teachers/articles/teaching-content/25-ways-get-kids-writing/>
- Readworks (Note: requires signing up for an account): <https://www.readworks.org/>
- GoNoodle (physical, academic, and social-emotional health) -
<https://www.gonoodle.com/>
- ABCmouse (reading, math, science, art; free 30-day trial):
https://www.abcmouse.com/abt/homepage?8a08850bc2=S2861478214.1584482199_0861&gclid=EAlaIqobChMIw4-iLMCi6AIVC3iGCh21CQ9DEAAAYASAAEgltovD_BwE
- Starfall (Note: requires signing up for an account): <https://www.starfall.com/h/>
- ABCya.com (math, reading, science, and more): <https://www.abcya.com/>
- Growing Book by Book: <https://growingbookbybook.com/>
- Kids Activities: www.kidsactivities.com
- We are Teachers—Free online learning resources for teaching your students virtually:
<https://www.weareteachers.com/free-online-learning-resources/>
- Kid Central TN (resources for parents and caregivers):
<https://www.kidcentraltn.com/content/kidcentral.html>

Sample Learning Activities

Children learn best through guided instruction and open-ended opportunities to investigate, play, and discover. Concrete, hands-on experiences provide deeper learning. The following chart provides an overview of instructional opportunities for supporting the continued learning and growth of pre-K children.

Foundational Oral Language and Literacy Skills	Description	Resources for Additional Ideas
Read books to and with children: 15 minutes twice a day	<p>Read aloud printed and/or digital books.</p> <ul style="list-style-type: none">Record members of your family reading a book on a cell phone, iPad, or computer and let your child listen to it as often as they want to.Use different voices for characters and add sound effects to bring the story to life.Read the book the first time through for enjoymentDuring the second reading of the book, pause and ask your child questions about the story. Consider "what if" questions that allow them to think how characters might react differently if something changed in the storyline. Also ask them about how characters might feel. Sequencing events (what happened first, second, third) and predicting what happens next is also a favorite way to interact with a book.Choose 2 books you have read a few times with your child, and ask how characters' feelings/actions and story events are similar or different.Create books with your child of family memories of trips, birthdays, holidays, and other special events. First, tell the story. Allow your child to help you illustrate the story in book form or as a poster. As child recalls key events from the story told, write the words beside the picture described. Place home-made books and/or posters in a box or basket so your child can "read" them whenever he/she wants to.	<p>Online story resources:</p> <p>https://www.123homeschool4me.com/stories-for-kids/</p> <p>https://justbooksreadaloud.com/</p> <p>https://www.storylineonline.net/</p> <p><i>Parts of a Story</i>, by Jack Hartmann</p> <p>https://www.youtube.com/watch?v=-nePjWXecQ</p>

<p>Rhyming activities: 10 minutes twice a day</p>	<ul style="list-style-type: none"> Choose a nursery rhyme or other poem from the resource links to read to and with your child. Call attention to words that rhyme, those that have the same ending sounds. Give your child a “shopping bag” to shop the room(s) for two items that rhyme. When child returns with items, say the names of the objects and decide together if they are rhyming words. Repeat for as long as child remains interested. Play “Rhyme and Roll” game in which you sit on the floor 6 feet apart from child with legs open to catch a rolled ball. Tell child you are going to say a word (cat) and roll the ball to him/her. After he/she catches the rolled ball, he/she says a word that rhymes with your word (hat) and rolls the ball back to you. Continue for as long as the child remains interested. 	<p>Additional resources:</p> <p>https://www.education.com/game/match-rhyming-words/</p> <p>https://www.education.com/game/match-rhyming-words/</p> <p>https://earlylearningideas.com/rhyming-picture-cards/</p>
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<p>Sound-only exploration game: 15 minutes a day</p>	<ul style="list-style-type: none"> Choose 5–6 toys or household objects with names that begin with different initial or beginning sounds (cup, ball, pen, sock, and fork). Name each object emphasizing the beginning sound: <ul style="list-style-type: none"> Cup (cup, ccuupp, the first sound in cup is /c/ Ball (ball, bbaalll, the first sound in ball is /b/ Pen (pen, ppeenn, the first sound in pen is /p/ Sock (sock, ssoockk, the first sound in sock is /s/ Fork (fork, ffororkk, the first sound in fork is /f/ <p>Then say, "I spy an object that begins with the /s/ sound". Child picks up sock, and repeats, "/s/ sock." Continue playing the sound game with remaining objects. If child wishes to continue to play, start with new toys or objects.</p> <ul style="list-style-type: none"> Take a "Sound Walk" outdoors and walk until you hear a sound, stop, and tell what sound you hear. Play "I Spy" sound game with child, by saying "I spy something in the room that starts with the sound /l/ and ends with the sound /p/ and have child guess (lamp). Repeat by spying different objects found in the room. This can also be played using 5-6 of the child's toys. 	<p>Additional resources:</p> <p>Fundation Letter Cards ABC: https://youtu.be/2MMiie4vNwk</p>
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Sound Play with Words	<ul style="list-style-type: none">• Children delight in hearing silly things said. Enjoy some silly learning fun by helping children make new words by taking away the first or end sound of each word. For example, taking away /b/ from bean becomes “ean” while taking away /n/ from bean becomes “bea.”• For added fun, help children discover that some words can be divided into smaller sound bits called syllables. Begin with their names, say name, clap for each sound bit heard, say name again. Give it a try with other family members’ names as well as with words from books read. Keep children’s interest by substituting clapping for jumping, hopping, bending, or twisting.	
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<p>Sound/letter recognition: 15 minutes a day</p>	<ul style="list-style-type: none"> • Play a shopping game with your child. You create the shopping list with 3-4 letters written on it. Read the list of letters with their corresponding sound to your child. For example, "Today you will shop for things in the house that start with the sound /m/ pointing to the letter "m" and /s/ pointing to the letter "s" and /t/ pointing to the letter "t". Repeat the list one more time and hand a bag, basket, or box for your child to go shop with. When your child returns, compare items brought to letters/sounds written on the shopping list. Repeat using different letter/sounds. • In a sealed, plastic sandwich or storage bag, place a non-toxic gooey substance (school glue, pudding, icing, etc.). Allow children to write the letters of their name, initial sounds of objects, etc. on the surface of the bag. Children also enjoy matching pictures of objects to initial letter sounds. • Play this Back-to-Back Sound Game: On old envelopes or scrap pieces of paper, write a letter on each paper or envelope. Place these in front of child who is sitting on floor. Review what sounds each letter represents. For example, say, "This is the sound /s/ and this is what "s" looks like when we write it as a letter." Repeat for each letter sound. Then sit back to back with child on the floor. Say a sound aloud and ask child to choose which letter in front of them represents that sound when we write it. Repeat for each letter. Continue playing as long as child remains interested. 	
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<p>Dramatic and pretend play: 60 minutes a day</p>	<ul style="list-style-type: none"> • Choose toys or other items around the house to represent ideas, characters, and objects to tell an original story or reenact a familiar story. Allow children to dress up as characters. Old cereal boxes, socks, and paper plates can be transformed into puppet faces. • Place some hats, scarves, shoes, and other clothing items in a box or basket for children to use as costumes to act out stories. 	<p>Example of dramatic play: <i>The Bakery</i> https://www.youtube.com/watch?v=xXqyum4YeEc</p>
<p>Writing: 15 minutes a day</p>	<ul style="list-style-type: none"> • Set up a space with crayons, markers, and/or pencils with scrap paper for children to draw/illustrate favorite events from a story read to them. Ask children to describe the message or story they wrote. • Cut cardboard or thicker paper into various 5 inch shapes (circle, triangle, rectangle, and square). Allow your child to use these cut-outs as stencils to trace shapes onto paper. See what designs they can make by overlapping shapes. (Shapes are made up of the horizontal, vertical, diagonal, and curved lines that are used when writing actual letters). 	<p>Additional writing resources: https://www.123homeschool4me.com/alphabet-printables</p> <p>Free preschool shape worksheets www.tlsbooks.com/preschoolshapes.htm</p>

Math Concept Exploration	Description	Resources for Additional Ideas
Oral counting to 30	<ul style="list-style-type: none"> Practice counting throughout the day during wait times, transitions between activities, or washing hands Count number of cups of water it takes to fill a pitcher, bucket, or other container. This is a great way to work on hand-eye coordination, concentration, and counting. Children love water play! 	https://www.education.com/game/counting-pizza-party/ All I Want to do is Count (Pre-K Counting Numbers): https://www.youtube.com/watch?v=k7ZkiSHbbzA The Number Rock: https://www.youtube.com/watch?v=9PA3RsVVdh8
Counting and cardinality memory game: 15 minutes a day	On folded pieces of scrap paper, write numerals 0–12. Place folded numerals inside a sock, basket, hat, bag, box, or other container. Ask child to take a folded paper out and look at the numeral without telling what numeral he/she has. Then, the child goes and brings that “many” toys or other objects for you to see. Child counts the toys/objects and shows you the numeral. Verify the quantity and numeral match-up. Repeat as long as child remains interested.	How to Represent Numbers - Jack Hartmann: https://www.youtube.com/watch?v=IAQ2HTqTl2w
Exploring, recognizing, describing shapes: 10 minutes a day	Shape hunt: Walk your child around the house and see how many circles, squares, rectangles, and triangles he/she can find. Example: the door is a rectangle.	Additional Resources: Sesame Street - Elmo Sings about Circles: https://www.youtube.com/watch?v=tPROADxPfjU Sesame Street - Grover & Rosita Triangles: https://www.youtube.com/watch?v=ZDqChRDPnZc Sesame Street – It’s Hip to be Square: https://www.youtube.com/watch?v=TdcHzquaMh8
Addition and subtraction to 10: 15 minutes a day	Create addition and subtraction story problems using buttons, toys, coins, socks, etc. For example, “4 socks are dirty and need to be washed and are in the basket. 2 more socks were added to the basket. How many socks need to be washed now?” Repeat as long as children are interested.	Additional Resources: Ten Frame Song: https://www.youtube.com/watch?v=RLiwP_hxdQc I Can Say My Number Pairs 10 - Math Song for Kids - Number Bonds - Jack Hartmann: https://www.youtube.com/watch?v=ch7KzI3n2Zk What Numbers Make 10 - Learn to Add - Kindergarten Addition Song - Math for Kid -Jack Hartmann: https://www.youtube.com/watch?v=YBkpC29_Gal

Music/Art/Movement	Description	Resources for Additional ideas
Sing/dance/move	Between activities or during TV commercials, get up and sing and dance.	<p>Movement Video:</p> <p>Go Noodle: I'm Still Standing https://family.gonoodle.com/activities/im-still-standing</p> <p>Freeze Dance Video: https://www.youtube.com/watch?v=2UcZWXvgMZE</p>
Work-outs	10 jumping jacks <ul style="list-style-type: none"> • 5 push ups • 5 squats • 5 sit ups • 5 jumps Repeat 2-3 times	<p>Exercise for kids-Fun Workout for Kids-YouTube m.youtube.com/watch?v=BDYd2qFR45o</p> <p>Fitness Blender Kids Workout-25 minute fun workouts for kids www.fitnessblender.com/videos/fitness-blender</p>
Yoga poses and stretches	Show picture of a yoga pose and see if child can create and hold the pose	https://zensationalkids.com/resources/free-tools-for-students/
Science	Description	Resources for Additional ideas
Learn all about animals		<p>Switcheroo Zoo--Watch, listen, and play games to learn all about animals www.switcheroozoo.com</p>
Social Studies	Description	Resources for Additional ideas
Learn about geography and animal facts		<p>Nat Geo for Kids—Learn all about geography and fascinating animals www.kidsnationalgeographic.com</p>

Social/Personal	Description	Resources for Additional ideas
<p>Germ's are not for sharing</p>	<ul style="list-style-type: none"> Take time to talk with your child about germs and taking extra care to wash hands, cover sneezes and coughs, and to practice social distancing. Make a fun game of keeping germs away by creating a chart that allows your child to mark each time he/she washed hands, covered a sneeze/cough, and remember to stand 5 big steps away from someone. 	
<p>Sharing and talking about feelings</p>	<ul style="list-style-type: none"> Children sense when things are happening around them. They know that their routines and daily lives have been changed by something. Be sure to talk with them about practicing a time of being safer at home to stop the share of germs to help less people get sick. Let me share their feelings through drawings or role play with their toys. Check the feelings of the family throughout the day by letting your child "check-in" with family members by asking how they are feeling. The child will enjoy and benefit from these conversations. He/she can track how everyone's is feeling by drawing faces to show how each particular family member felt. 	