

# K-12 Grades | Breakfast Menu | August 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, 2<sup>nd</sup></b> Crunchmania Cinnamon Buns (2.29 oz) Chilled Apple Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Tuesday, 3<sup>rd</sup></b> Breakfast Pizza (2.44 oz) Mandarin Orange Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Wednesday, 4<sup>th</sup></b> Ham & Cheese on Roll (school made) Diced Chilled Pears (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Thursday, 5<sup>th</sup></b> Maple Pancakes (2.29 oz) Blended Fruit Bowl (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Friday, 6<sup>th</sup></b> Cafeteria Manager's Choice
<b>Monday, 9<sup>th</sup></b> Whole Grain Banana Bread Slice (3.4 oz) Chilled Apple Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Tuesday, 10<sup>th</sup></b> Breakfast Pizza (2.44 oz) Mandarin Orange Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Wednesday, 11<sup>th</sup></b> Sausage and Biscuit (school made) Diced Chilled Pears (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Thursday, 12<sup>th</sup></b> Yogurt (4 oz) & Cereal Bar (1.42 oz) Blended Fruit Bowl (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Friday, 13<sup>th</sup></b> Cafeteria Manager's Choice
<b>Monday, 16<sup>th</sup></b> Breakfast Oatmeal Bar (2.29 oz) Chilled Apple Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Tuesday, 17<sup>th</sup></b> Breakfast Pizza (2.44 oz) Mandarin Orange Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Wednesday, 18<sup>th</sup></b> Steak and Biscuit (school made) Diced Chilled Pears (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Thursday, 19<sup>th</sup></b> Mini Waffles (2.29 oz) Blended Fruit Bowl (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Friday, 20<sup>th</sup></b> Cafeteria Manager's Choice
<b>Monday, 23<sup>rd</sup></b> Ultimate Breakfast Granola Round Bar Chilled Apple Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Tuesday, 24<sup>th</sup></b> Breakfast Pizza (2.44 oz) Mandarin Orange Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Wednesday, 25<sup>th</sup></b> Chicken and Biscuit (school made) Diced Chilled Pears (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Thursday, 26<sup>th</sup></b> Toaster Fruit Strudel (2.29 oz) Blended Fruit Bowl (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Friday, 27<sup>th</sup></b> Cafeteria Manager's Choice
<b>Monday, 30<sup>th</sup></b> Breakfast Muffin (4 oz) Chilled Apple Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)	<b>Tuesday, 31<sup>st</sup></b> Breakfast Pizza (2.44 oz) Mandarin Orange Slices (1/2 cup) 100% Fruit Juice (4 oz) Low-Fat and Skim Milk Varieties (8 oz)		USDA meal pattern for grades K-12 consists of a breakfast entrée, 1 cup serving of fruit and 8 oz. milk.  OVS - Pick all 4 or only 3, one item needs to be a ½ cup of fruit serving choice.	