

Nova Early Learning Center | LUNCH Menu | August 2021 |



Monday	Tuesday	Wednesday	Thursday	Friday
Monday, 2nd Crispy Chicken Tenders – Roll Fluffy Whipped Potatoes Fruit 1 % Unflavored Milk	Tuesday, 3rd Pepperoni & Cheese Calzone Seasoned Whole Kernel Corn Fruit 1 % Unflavored Milk	Wednesday, 4th Grilled Chicken Fajita Wrap Shredded Lettuce / Cheese / Salsa Seasoned Pinto Beans Fruit 1 % Unflavored Milk	Thursday, 5th Mozzarella Dippers - Marinara Sauce Steamed Broccoli Fruit 1 % Unflavored Milk Cookie Treat with meal tray	Friday, 6th Breaded Chicken Fillet – Bun Crinkle Cut Potato Fries Fruit 1 % Unflavored Milk
Monday, 9th Chili Pie with Cheese & Corn Chips Buttery Whole Kernel Corn Fruit 1% Unflavored Milk	Tuesday, 10th Hot Ham and Cheese on Bun Seasoned Potato Wedges Fruit 1% Unflavored Milk Cookie Treat with meal tray	Wednesday, 11th Spaghetti & Meat Sauce - Roll Seasoned Green Beans Fruit 1 % Unflavored Milk	Thursday, 12th Popcorn Chicken – Roll Seasoned Green Peas Fruit 1 % Unflavored Milk	Friday, 13th Juicy Flame-Broiled Burger – Bun Crinkle Cut Potato Fries Fruit 1 % Unflavored Milk
Monday, 16th Cafeteria Manager's Choice	Tuesday, 17th Chicken Nuggets – Roll Fluffy Whipped Potatoes Fruit 1% Unflavored Milk	Wednesday, 18th Toasted Cheese Sandwich Sweet Potato Waffle Cut Fries Fruit 1% Unflavored Milk Cookie Treat with meal tray	Thursday, 19th Italian Pizza Slice Seasoned Green Beans Fruit 1 % Unflavored Milk	Friday, 20th Breaded Chicken Fillet – Bun Crinkle Cut Potato Fries Fruit 1 % Unflavored Milk
Monday, 23rd Baked Ham Slice – Roll Fluffy Whipped Potatoes Fruit 1 % Unflavored Milk	Tuesday, 24th Pepperoni & Cheese Calzone Celery Sticks with Ranch Dip Fruit 1 % Unflavored Milk	Wednesday, 25th Grilled Chicken Fajita Wrap Seasoned Pinto Beans Fruit 1 % Unflavored Milk	Thursday, 26th Poppy Seed Chicken – Roll Steamed Broccoli Fruit 1 % Unflavored Milk Cookie Treat with meal tray	Friday, 27th Juicy Flame-Broiled Burger – Bun Crinkle Cut Potato Fries Fruit 1 % Unflavored Milk
Monday, 30th Chili Pie with Cheese & Corn Chips Buttery Whole Kernel Corn Fruit 1 % Unflavored Milk	Tuesday, 31st Deli Turkey & Cheese on Croissant Seasoned Potato Wedges Fruit 1 % Unflavored Milk Cookie Treat with meal tray			PRE K – Meal Requirements CACFP meal for lunch consists of 1 entrée serving, 1 grain serving, ¼ cup serving of vegetable, ¼ cup serving of fruit and 1% unflavored milk. There is no Offer VS Serve in PRE-K meals.