

## JMCCS ILLNESS GUIDELINES

Symptom/ Illness	Should <b><u>NOT</u></b> attend school or work:	May attend school or work when:
<b>Fever</b>	<ul style="list-style-type: none"> <li>• Temperature at 100°F or above</li> <li>• Behavior changes or other signs/symptoms of illness (e.g., sore throat, rash, vomiting, diarrhea)</li> </ul>	<ul style="list-style-type: none"> <li>• Temperature below 100°F <u>without the use of a medicine that reduces fever</u> (such as Advil or Tylenol) for <b>24 hours</b></li> </ul>
<b>Conjunctivitis (Pink Eye)</b>	<ul style="list-style-type: none"> <li>• Eye redness, itching, irritation, swelling in one or both eyes</li> <li>• Thick and purulent (pus) discharge</li> <li>• Matted eyelashes</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Bacterial Conjunctivitis</u> – after 24 hours of starting antibiotics drops</li> <li>• <u>Viral Conjunctivitis</u> – symptoms improved or clearance from healthcare provider</li> </ul>
<b>Cough</b>	<ul style="list-style-type: none"> <li>• Frequent, uncontrollable, disruptive</li> <li>• Temperature at 100°F or above</li> </ul>	<ul style="list-style-type: none"> <li>• Infrequent, non-disruptive</li> <li>• Temperature below 100°F <u>without the use of a medicine that reduces fever</u> (such as Advil or Tylenol) for <b>24 hours</b></li> </ul>
<b>Diarrhea or Vomiting</b>	<ul style="list-style-type: none"> <li>• Diarrhea/vomiting occurs 2 or more times in the previous 24 hours of school start time</li> </ul>	<ul style="list-style-type: none"> <li>• Free from diarrhea/vomiting for &gt; 24 hours</li> <li>• Able to tolerate regular food</li> <li>• Temperature below 100°F <u>without the use of a medicine that reduces fever</u> (such as Advil or Tylenol) for <b>24 hours</b></li> </ul>
<b>Pediculosis (Head Lice)</b>	<ul style="list-style-type: none"> <li>• If live lice are present prior to the start of the school day</li> </ul>	<ul style="list-style-type: none"> <li>• Proof of treatment is provided <u>OR</u></li> <li>• Release from doctor or examination by the school nurse confirming lice-free</li> </ul>
<b>Rash or Skin Infection</b>	<ul style="list-style-type: none"> <li>• Rash or signs of skin infection that have not been seen by a doctor</li> <li>• Temperature at 100°F or above</li> </ul>	<ul style="list-style-type: none"> <li>• Rash-free or written release from doctor</li> <li>• After 24 hours on antibiotics/antifungals for skin infection</li> <li>• Temperature below 100°F <u>without the use of a medicine that reduces fever</u> (such as Advil or Tylenol) for <b>24 hours</b></li> </ul>
<b>Ringworm/ Scabies</b>	<ul style="list-style-type: none"> <li>• Can return to school once treatment has started</li> </ul>	<ul style="list-style-type: none"> <li>• Ringworm: Cover the area while at school, if possible.</li> </ul>

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Symptom/ Illness	Should <b><u>NOT</u></b> attend schoolwork:	May attend school or work when:
<b>Sore Throat</b>	<ul style="list-style-type: none"> <li>• Sore throat with swollen lymph nodes, headache, nausea, and/or fever</li> <li>• Positive culture for Strep throat</li> </ul>	<ul style="list-style-type: none"> <li>• Resolution of accompanying symptoms at least 24 hours.</li> <li>• Temperature below 100°F <u>without the use of a medicine that reduces fever</u> (such as Advil or Tylenol) for <b>24 hours</b></li> <li>• 24 hours on antibiotics if positive for Strep</li> </ul>
<b>Chickenpox (Varicella)</b>	<ul style="list-style-type: none"> <li>• Itchy pink/red rash with small fluid-filled blisters</li> <li>• Temperature at 100°F or above</li> </ul>	<ul style="list-style-type: none"> <li>• All lesions are crusted over and dry with no new lesions, usually 5-7 days</li> <li>• Temperature below 100°F <u>without the use of a medicine that reduces fever</u> (such as Advil or Tylenol) for <b>24 hours</b></li> </ul>
<b>Influenza (Flu), Flu-like Illness or other Respiratory Viral Illnesses including Covid</b>	<ul style="list-style-type: none"> <li>• If a positive Influenza or Covid test, remain at home and contact the school nurse as soon as possible</li> </ul>	<ul style="list-style-type: none"> <li>• Temperature below 100°F <u>without the use of a medicine that reduces fever</u> (such as Advil or Tylenol) for <b>24 hours</b></li> <li>• Symptoms improving for 24 hours OR clearance from healthcare provider</li> </ul>
<i>For more information on respiratory illness including Covid, please see the CDC guidelines on the JMCSS website</i>		
<i>This information is based on the latest recommendations addressing the health and safety in group setting from the following organizations:</i>	<i>American Academy of Pediatrics, Centers for Disease Control and Tennessee Department of Health</i>	<b>(8/16/2024)</b>