



716 Westwood Ave. | Jackson, TN 38301 | 731-422-3116

August 17, 2017

To all faculty and parents,

The Jackson Madison County School System recognizes the link between student wellness and academic achievement. We recognize the importance of nutrition and physical activity and we ensure that our students and staff have access to a healthy school environment. Our wellness policy promotes the creation of a healthy school environment that provides consistent wellness messages. These messages include a lifestyle of healthy eating and being physically active.

Classroom celebrations and snacks promote healthy food and beverage choices in accordance to the approved healthy snack and beverage list. No exemption days are used for celebrations because we only serve and offer compliant foods or smart snacks. In addition, no a la carte food or beverages are sold before, during, or after the school day and we do not sell exempt food choices for fundraisers. We strive for our fundraising efforts to be supportive of healthy eating and we do not have any exemption days for competitive foods to be sold during the school day. We also prohibit the use of food as a punishment and prohibit food to be used as an award. In addition, no fruits or vegetables are served outside of the cafeteria.

Physical activity is extremely important to the overall health of a child. Our schools supports and promotes physical activity and physical activity is integrated into areas of the school program. Physical education classes and recess being withheld as a punishment are prohibited and this policy is enforced consistently throughout the school.

In addition, all students (including 6th-8th) are required to take P.E. each year and supervised recess/ physical activity is offered. Withholding PE/recess is not allowed. Our district implements all state and federal laws and regulation related to our student wellness policy.

A handwritten signature in black ink that reads "Melinda Harris". The signature is written in a cursive style with a large, looped initial "M".

Melinda Harris, Ed. D.

Principal

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