



JACKSON-MADISON COUNTY SCHOOLS
OFFICE OF COMMUNICATIONS

Flu Season: District mitigation plan to protect staff and students from illnesses

As **flu season** brings an increased number of respiratory-type illnesses like influenza A, COVID, respiratory syncytial virus (RSV), and pneumonia circulating within the community, we want to remind our parents and students of measures we can all take to stay healthy. Our Coordinated School Health team is monitoring illnesses and absences reported by our schools. These reports have increased at some schools. As a result, our custodial staff has provided **additional sanitizing measures** at two schools and is scheduled to disinfect all campuses over the next several days. As our employees take these and other steps to respond, we are asking our students and families to **join us** in these efforts.

First, if your child is sick, they need to remain at home until their symptoms have improved and they have been **fever-free for 24-hours** without using fever-reducing medicine. Sore throat, severe congestion, and general fatigue are often signs of illness. You know your child better than anyone, so **watch out** for signs of illness. Additionally, **preventive measures** like **covering your cough** and **frequent handwashing** help reduce the spread of illnesses.

Our community is fortunate to have a variety of options for healthcare. Please remember the **JMCSS School Health Clinic** is a dedicated option for students and district staff located at 668 Lexington, Avenue on the Jackson Careers and Technology (JCT) School campus. **Call 731-256-9691** to schedule an appointment. Remember, we can all take action to make our students and schools healthy and safe.

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